

# Closer. Deeper. Stronger. Invest 9 weeks and discover the blessings of a united marriage.

This enlightening course takes couples through a series of life lessons in Scripture to explore the spiritual and emotional elements of a lasting, loving relationship. By reflecting on the value of a United marriage, you will gain a deeper appreciation of one another and your marriage. You will better understand what living your lives "as one" means and how it changes and strengthens you personally, as a couple, and as a family. By inviting God to be present in everyday life, you will find and develop new and different ways of relating and supporting each other in your life's journey together.

#### • Study

- o Utilize books, workbooks, and audio sessions to examine behavior patterns
- Learn new concepts about relationships and marriage

## Application

- Weekly assignments for you and your spouse to complete separate and together
- o Reinforce current concepts and introduce concepts for the next week of learning

#### Interaction

- o Small group sharing, discussion, and application
- o Reinforce new behaviors and support the emotional growth of all couples in the class

## • Accountability

- Interaction with other couples who are also learning and challenging themselves to grow forms a unique support and accountability system
- The varying personalities and life experiences of the group create stimulating discussions and an encouraging environment for change

Couples who take *United* will intentionally learn how to:

- Be each other's best and most loyal partner in life
- Welcome and celebrate each other's differences
- Talk with, not at, each other
- Forgive without keeping score
- Become more connected working through life's challenges
- Share in and support each other's dreams
- Stay committed to their marital and spiritual journey together

"My husband and I have had a good marriage. I thought we were just going to hear more of what we already knew, nothing wrong with reinforcing what you know. United took our marriage from good to great. The format in which it was presented caused me to take a deeper dive into the topics, thus causing me to see my marriage in a new light. I highly recommend this course to anyone who is married or thinking about marriage." – United participant